

NYC School Goes Vegetarian ...And the Children Love It!

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Photos courtesy of P.S. 244 Flushing, NY

retained later on. This holds true whether learning mathematics, languages, or ethics. Besides the acknowledged health benefits of eating a vegetarian diet, the relinquishment of animal-based food lends itself to consideration of an overall respect for non-human life.

Schools Chancellor Dennis Walcott, a longtime advocate of a healthy lifestyle, recommends that this model be emulated nation-wide. P.S. 244 Principal Robert Groff added, "We believe that if we taught kids to make healthy choices, it would help them to grow as students and well-rounded children."

Other recent improvements in city schools have been installations of salad bars and switching from white to whole-grain breads.

See the entire story at:

In an encouraging – and healthy – step forward, a public school in Flushing, Queens, has instituted a vegetarian menu for its students.

P.S. 244, the Active Learning Elementary School, is the first public school in the U.S. to make this historic switch to all vegetarian meals, which are served both at breakfast and lunch times.

That this is an elementary school is a significant factor, because as educators have long known, patterns of behavior established in the early years of a child's life are more likely to be



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<http://www.nydailynews.com/new-york/queens/queens-school-serves-all-vegetarian-fare-article-1.1331690>